

Women's Retreat

Friday - Sunday, October 18-20, 2024

Feeling a need to connect? Yearning to breathe Vermont's fall air? Need to relax and get away? Come to yet another wonderful High Life Ski Club's Women's Retreat where any woman of any age, skill level, and body type is embraced and celebrated.

Details:

In addition to nightly seasonal Lodge Fees, please bring \$25 per person for a catered Saturday dinner.

Location: High Life Ski Lodge,
127 Chittenden Rd., Chittenden, VT

For Program info, please contact Ann at ann_solis@hotmail.com or Maryanne at maryanne.mecca@gmail.com

Registration is open! Contact Kerry Klotz at (973) 420-5444 or kerryklotz@ymail.com

Hiking
Gentle Yoga
Pumpkin Carving
Catered Dinner
Laughter

What to bring:

- Breakfast & Lunch for yourself
- Optional Friday Potluck Dinner contribution
- Hiking Footwear
- Comfy Clothes
- Yoga Mat (we can provide if you don't have one)
- Pumpkin to carve (we supply the tools)
- Open Heart

