



# The Sitzmark

## THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

Visit our website at [www.highlifeskiclub.org](http://www.highlifeskiclub.org)

June 2017

### Presidents' message June Sitzmark

It's too early to welcome Summer, although many of you are hoping it will arrive. Be patient, as June 21<sup>st</sup> is not far off. I know many members are probably wishing the rain would stop but look at it this way, if it had only been snow.....what a doozy of a ski-season we would have had. Ok, Ok, so it's not ski season any longer but if you are a fisherperson or someone who shoots rapids in a kayak/canoe you should be happy because our streams and rivers are running high. If you fall into either category, get out and enjoy it while it's here. Also, if you haven't done a Spring-cleanup of your property yet, the cooler weather is great for working outdoors.

At this time of the year it's a little tough to get people to a meeting of a ski club, but this is when you must realize that High Life is not only about life on snow. We always tell prospective members that we are a general social club with a yen for skiing. Since the snow-sports only occupy 4-5 months of the year that leaves another 7-8 months for other pursuits and High Life doesn't let you down there. Bob Liput and others do a fine job of providing many activities over the course of the summer including hiking, bicycle tours, concerts and many other events locally and in Vermont. Many of these events are interesting, showcase an aspect of NJ history, or are even philanthropic in nature. Last weekend's hike actually was 'reverse' philanthropic in that if you hiked, the association sponsoring the event would donate to whatever charity you wished. To stay active and keep your club vibrant, check out the Club calendar and 'What's New' on our website for upcoming events.

The Lodge Committee is planning a summer full of neat things to do in Vermont and that for good reason. Lodge revenue is needed by High Life on a more regular basis. The Lodge has year-round expenses such as taxes, insurance, electricity and maintenance items that must be taken care of. In order for a club who owns a Lodge in Vermont to be successful we MUST take advantage of the Lodge even in the summer. Notice I said take advantage rather than 'utilize' because the Lodge should be viewed as a true asset. Many times, you've heard people in snow country state, "They come for the snow, but stay for Summer". We all are familiar with Vermont skiing but how many club members actually take time to experience Vermont in the Summer. I like Summer as much as anyone else but confess I don't like being hot and that is why Vermont makes for a nice break. When you get tired of heat and humidity in New Jersey, then consider heading to Vermont in the time period June through August for a refreshing break. Yes, it's get hot in Vermont too, but not as hot and not as humid as in New Jersey. As in ski season, no one expects you to head to Vt. every weekend but logging several trips North is deserving of your summer plans. Summer activities in Vermont include: bicycling, hiking, Mtn. biking, golf, swimming, fishing, sailing, paddling, winery/brewery/distillery visits to name more than a few. In addition, all ski resorts have mountainside summer concerts, festivals of all types including brew-fests and a host of other events that are sure to entice any of us to use the lodge as a base for a couple of days or some long weekends in the summer. If you have plans to vacation elsewhere in New England, the lodge makes for a handy and cost effective place to stay on your way up or you way back from more Northern points. Have a long drive to Maine or Canada planned.....stop at the Lodge for a day or two on the way up or the way back to break up an otherwise long drive.

Live life, Bob Zega

### Club Meeting every Tuesday.

*All Club meetings begin  
at 8:00 p.m., at the Exchange  
Restaurant, downstairs room,  
160 E. Main St., Rockaway.*

*Executive Committee and  
Lodge Committees start at  
6:30 pm at the Exchange..*

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### Submission Deadline for the July Issue is June 25

Send items to:

Stephen Bolcar, Sitzmark Editor  
[farleyscb@gmail.com](mailto:farleyscb@gmail.com)

## UPDATE ON YOUR SKI LODGE

By Jim Lent

Yours truly has been away the last few weeks. We were lucky enough to visit ski country in Colorado in springtime, as part of an almost 6000 mile road trip.

In Vermont, we're coming up on our 2<sup>nd</sup> work weekend, 6/9 – 6/11. If you read this and want to go, contact Donna at [dalong@optonline.net](mailto:dalong@optonline.net). Don't worry if you can't make it, there are still 4 more weekends in July, Sept., Oct., and Nov. The full schedule is up on the website. In other news, your trustees have scheduled a few special events during this off season. Watch for e-blasts and announcements at meetings. Events include a kayak weekend August 5-6, including flat water relaxing on Chittenden Reservoir only 4 miles from the lodge. Sat. dinner and breakfast Sunday for \$25.00 plus summer lodge rates. If you need to rent a kayak, the cost is about

\$30.00 each. Your hosts will be Jim & Barb Lent. If you are interested and especially if you need to rent, please email Jim [lakeshorewaves@optonline.net](mailto:lakeshorewaves@optonline.net)

The next event will be a fun weekend with lots of activities at Killington Mt., hosted by Chris Cooney in mid- August.

Amanda Zega is going to host a special Halloween weekend at the end of Oct., unless you scare easily.

Cliff Gawel will host New Year's Eve. This year ... yes we will party in full High Life fashion.

Please stay involved, everyone. Your lodge is a wonderful place anytime, all year. Attend a work weekend ...they are fun, you meet new friends and there is no charge for Friday or Sat. night.

Plan to try one of the special events and remember ...

***Participation is the Heartbeat of High Life!***

### High Life Lodge Events 2017

WE Date	Event	Sign Up	Trustee
10-Jun	<b>Work WeekEnd</b>	30-May	Donna Long
24-Jun	<b><i>Vermont Adaptive RIDE</i></b>	13-Jun	Jim Ferrone
15-Jul	<b>Work WeekEnd</b>	4-Jul	Kenny Chodkiewicz
5-Aug	<b><i>Kayak &amp; Picnic</i></b>	25-Jul	Jim Lent
19-Aug	<b><i>Killington Party</i></b>	8-Aug	Chris Cooney
2-Sep	<b><i>Labor Day Party</i></b>	22-Aug	Bob Liput
9-Sep	<b>Work WeekEnd</b>	29-Aug	Jim Lent
30-Sep	<b><i>Fall Train Ride?</i></b>	19-Sep	Bill Swayze
7-Oct	<b>Work WeekEnd</b>	26-Sep	Kenny Chodkiewicz
21-Oct	<b><i>Spooky Weekend</i></b>	10-Oct	Amanda Zega
11-Nov	<b>Work WeekEnd</b>	31-Oct	Chris Cooney

## High Life Revisits the Past

by Bob Liput

High Life goes back to the 50's-60's 70's and even the 80's--the gang met at Bob Liput's house for some pizza,beer,wine and other liquid drinks---lots of talk about the coming events of the ski club, plus what went on in the last few outings---a great time just to catch up and see members in a happy mood and full of fun.---then on to the Rhino Theater in Pompton Lakes which had all the music,words, songs of our youth and days gone by---long ago.--However it was great--we all clapped, screamed, yelled, and sat back and remembered the Good Old Days--The show was 2 hours and 20 minutes long--but no one was eager to leave and the performers did 2 encores as this was their last show of the season--we all left with the thought--If only we could go back to that time---what a great time it was--The Golden Oldies and Golden Old Times

## Hiking with a Cause

By Bob Liput

High Life goes hiking for a good cause---Hike the trail and what your age is, would be donated to a local Police - Fire - Boy Scout -youth group or Little League---Well 20 High Lifers showed up and started the "Easy Hike"---what a wrong call---One had to leave at the one mile marker, another had to leave at the 3 mile marker--it was suppose to be 3 miles--it was close to 7 miles--A little longer and we would have to call the Search and Rescue team for the group--But most made it and then had the food---Hamburgers, Hot Dogs, Scrambled Eggs, Pulled Pork Bacon, Coffee Bagels, Cake and drinks--The gang came at various times and walked at their own pace up and down the hills and terrain--All in all it was a good day and a chance to do some good for the local groups--Best of all it was all FREE

## Best Way to spend Memorial Day

By Bob Liput

Besides going on the work week end of Memorial Day --Bob Liput--Don McLane and Rich Stehlik started a new tradition---they stopped at 4 American Legion Halls and one VFW Hall--of course they were greeted with warmth plus food and drinks--they visited Poultney, West Rutland, Castleton, and Rutland ---They reported a good time was had by all and some old time talks about the years in the service of their country---They tried to stop at Fair Haven also--but it was closed for the day---If any one wants to join them on the next rip--just speak to them as you have to be a member of the American of come as a guest and sign in the book.

## Retired and Moving down South

**Marilyn Bird and Jim Kutchka** announced they are leaving New Jersey and moving to North Carolina. They will be in NJ another 4-6 more months while their new house is being built in NC, then we bid them goodbye. Jim and Marilyn have been long time members of High Life Ski Club and will be missed by many. Like a number of veteran members, they have given many hours over the years to the betterment of HLSC. It is members like them, who have contributed time and energy to make our club better.

This event is a trigger for me to write yet another note to our younger members who take no ownership for HLSC. Several times while I have been President, I've mentioned the fact that we don't see you at meeting or events. You need to be aware that every year or so another veteran member or couple retires and moves out of state. When enough, long-time club members have left, I hope YOU will step up to run High Life. If you do not, then be ready to pay \$185 or more for a room (not an entire house) to stay in Vermont in ski season. If you don't care to do that, then maybe you are ready to give up enjoying Vermont in the winter??? Also, if you drop out of High Life because you refuse to take any ownership of the club, be prepared to pay full price for your lift tickets at the window. Yes, you can get a **few** dollars off by using Liftopia or some other ticket agency purporting to give discounts but you will never get the 30-40% off window price as we do by purchasing vouchers through NJ Ski Council. The facts of life in ski country are quite easy to understand.....ride or ski.....it's an expensive sport and will only get more expensive. Full price lift tickets in a number of Eastern resorts are currently over \$100 while some Western resorts charge \$130-\$150/day to play in the snow. It's only a matter of time until this high-priced plague reaches the East. NJ Ski Council like, its member ski clubs, was created on a simple premise, to serve the skiing public and provide skiing at a reasonable cost. If you take no ownership for your club, High Life and NJ Ski Council could eventually go the path of the land-line telephone and dissolve into thin air. You, the younger members of High Life will then face the consequences of your inaction. Just like Europeans came in droves to the US many years ago, older members will continue to retire and move or pass- away. When veteran members who are mainstays of HLSC and HSL are gone, we leave operation of the club and Lodge in YOUR hands. PLEASE, get involved, it doesn't hurt and you will take pride in saying you help to steer the finest social club in New Jersey!

# Club Activities



Date	Activity/Event	Event Leader &Phone
Sat 6/2	<p><b>PNC Doo Wop</b> General admission tickets PNC Bank Arts Center-- Concert Starts 7:30 pm--Doors open at 6:00 pm--need to get in line early to get good seats--there is no saving of seats--meet in parking lot # 4--for tailgating. Featuring Tommy James &amp; The Shondells--Gene Cornish of the Rascals--Bobby Bandledra of Bon Jovi and Southside Johnny--Hosted by cousin Brucie.</p>	Barbara Capsouras <a href="mailto:bcapsouras@aol.com">bcapsouras@aol.com</a> Cell: (973)713-4951
Fri-Fri 6/9-6/16	<p><b>Cape Cod Bike, Golf Sight See, and Relax!</b> \$210 members--non-members \$240--one full week--arrangements can be made for extra days before and after regular club week--One group meal, beer and wine included all week--golf days, bike riding days sight seeing days to be decided by weather and the group--sign up at club meeting or contact Don McLane---Only 12 rooms -open--2 per room private bath and shower each room</p>	Donald McLane <a href="mailto:Don0409@aol.com">Don0409@aol.com</a> Phone: (973) 983-8007 Cell: (973) 216-3698
Sat-Sun 6/10-6/11	<b>Work Weekend at the Lodge</b>	Donna Long <a href="mailto:dalong@optonline.net">dalong@optonline.net</a> Phone: (973) 398-4482 Cell: (201) 317-7830
Sat 6/24	<p><b>Vermont adaptive Bike Race</b> Enjoy springtime in Vermont. There are multiple road courses, mountain biking, a 5k and a family friendly party at the Long Trail Brewery. Stay at the lodge and enjoy the weekend.</p>	Jim Ferrone <a href="mailto:jimbikeski@aol.com">jimbikeski@aol.com</a> Cell: (973) 650-7060
Sat-Sun 7/15-7/16	<b>Work Weekend at the Lodge</b>	Ken Chodkiewicz <a href="mailto:kchod27@gmail.com">kchod27@gmail.com</a> Cell: (973) 919-1962



## 2017 SUMMER MUSIC

Brookdale Park, Watchung Ave, Bloomfield/Montclair

<u>Day</u>	<u>Date/Time</u>	<u>Performer</u>
<u>Mon</u>	7/03 at 7:30pm	<u>Jersey Sound and Fireworks Spectacular</u>
<u>Fri</u>	7/07 at 7:30pm	<u>Duprees</u>
<u>Fri</u>	7/14 at 7:30pm	<u>Darlene Love</u>
<u>Fri</u>	7/21 at 7:30pm	<u>Radio Nashville</u>
<u>Fri</u>	7/28 at 7:30pm	<u>Gloria's Miami Sound –</u> * featuring Nikki Torres
<u>Fri</u>	8/04 at 7:30pm	<u>New York's Bee Gee's</u>
<u>Fri</u>	8/11 at 7:30pm	<u>The Inferno's</u>

LOOK FOR THE GREEN BALLOON – THAT'S WHERE THE HI-LIFE CROWD WILL BE

Bring chair, bug spray, a snack/beverage to share – be prepared to enjoy the evening

Questions – call Maddie at 973-902-1315

In case of inclement weather call 973-268-3500, select #4 (special events hotline)

WEEKEND Saturday	EVENT	START SIGN UPS Tuesday	TRUSTEE
6-May		25-Apr	Donna
13-May		2-May	Donna
20-May		9-May	Chris Cooney
27-May	Memorial Work Day & Party	16-May	Bill Swayze
3-Jun		23-May	Amanda Zega
10-Jun	Work WeekEnd	30-May	Donna Long
17-Jun		30-May	Jim Tobey
24-Jun	Vermont Adaptive RIDE FamilyFriend	13-Jun	Jim Ferrone
1-Jul		13-Jun	Jim Lent
8-Jul		27-Jun	Cliff Gawel
15-Jul	Work WeekEnd	27-Jun	Kenny Chodkiewicz
22-Jul		11-Jul	Mike Burbridge
29-Jul		11-Jul	Bill Swayze
5-Aug	Kayak & Picnic FamilyFriend	25-Jul	Jim Lent
12-Aug		25-Jul	Amanda Zega
19-Aug	Killington Party	8-Aug	Chris Cooney
26-Aug		8-Aug	Jim Tobey
2-Sep	Labor Day Party FamilyFriend	22-Aug	Bob Liput
9-Sep	Work WeekEnd	22-Aug	Jim Lent
16-Sep		5-Sep	Donna Long
23-Sep		12-Sep	Jim Ferrone
30-Sep		19-Sep	Bill Swayze
7-Oct	Work WeekEnd	26-Sep	Kenny Chodkiewicz
14-Oct		3-Oct	Mike Burbridge
21-Oct	Spooky Weekend	10-Oct	Amanda Zega
28-Oct		17-Oct	Jim Tobey
4-Nov		24-Oct	Cliff Gawel
11-Nov	Work WeekEnd	31-Oct	Chris Cooney
18-Nov		7-Nov	Donna Long
25-Nov		14-Nov	Jim Ferrone
30-Dec	New Years Party -Dec31	5-Dec	Cliff Gawel
DONNA LONG	201 317 7830	JIM TOBEY	973 202 7028
BILL SWAYZE	973 479 5055	KEN CHODKIEWITZ	973 919 1962
JIM FERRONE	973 962 0676	JIM LENT	973 670 8827
CHRIS COONEY	201 400 4021	AMANDA ZEGA	201 213 3637
CLIFF GAWEL	201 394 0623	MIKE BURBRIDGE	973 610 3692
HL Lodge	802-773-9743		