



# The Sitzmark

## THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

Visit our website at [www.highlifeskiclub.org](http://www.highlifeskiclub.org)

May 2018

**Club Meeting every  
Tuesday.**

*All Club meetings begin  
at 8:00 p.m., at the Exchange  
Restaurant, downstairs room,  
160 E. Main St., Rockaway.*

**Executive Committee and  
Lodge Committees start at  
6:30 pm at the Exchange..**

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**Submission Deadline  
for the June Issue is  
May 25**

Send items to:

Stephen Bolcar, Sitzmark Editor  
[farleyscb@gmail.com](mailto:farleyscb@gmail.com)

Once again the members of HLSC turned out on election night to elect a slate of officers for the next season. This year we had a real election as there was more than one person volunteering for several slots which is an indicator of the health of our club. Lodge committee rep. Jim Lent coined a phrase several years ago which is, "Participation is the Heartbeat of High Life" and that couldn't be truer. Without participation, no volunteer organization can thrive therefore I'd like to thank all those who stepped up to run and whether you were elected or not your intent is what counts! The Executive Board of the club is mostly unchanged with the exception that Ron Smolt was elected Parliamentarian and Melody Wenger will move to the Officer-At-Large (OAL) position. Ron had initially volunteered for the OAL slot but HLSC By-Laws require that it be filled by someone who has already served on the Executive Board and is familiar with the duties of the various positions. We say goodbye to MaryAnn Vincenti who served as Membership chair for a number of years and then transitioned over to Office-at-Large last year. MaryAnn is stepping down due to health reasons but will maintain her membership. I believe I can speak on behalf of the Membership when I say, THANK YOU MARYANN for your faithful and never wavering service to High Life Ski Club!

Vermont: Spring of 2018 – A TOTAL BLAST! The weekend of April 21-22 was billed by Killington as their "Dazed and Defrosted" festival. But MORE IMPORTANT, the 21<sup>st</sup> was Amanda's birthday.....you guessed it.....April 21<sup>st</sup> and 21<sup>yo</sup> (again). Regardless of which it was, the weather reports or Amanda's birthday, 20+ members trekked to the Lodge that weekend. Four of us went up Thursday night and to ski Sugarbush on Friday using our Warren Miller (free) lift tickets!! It snowed on and off during the day and continued into the evening and although the snow was a bit soft, edge-hold was fantastic. April 20th was the last weekday of operation for Sugarbush but they will be open another two weekends.

Saturday everyone in the Lodge headed to Killington to take part in the Dazed and Defrosted festival. The same snow (about 3") that hit Sugarbush graced Killington making Saturday conditions phenomenally good! Saturday was just below freezing with a cobalt blue sky which kept the snow dry and powdery. The sky was crystal clear and the sun was the absolute brightest I've seen on a ski day anywhere. Coverage was great and no trails had bare spots. In addition to a GREAT day of skiing, a stage was set up opposite the umbrella bar at the base of Superstar. I haven't skied Superstar in years, but with the conditions as good as they were I danced my way down the World-Cup Trail. A band played from 11am till 6pm and Killington ran out of Beer which tells you how good the day was!

The Eddy's and the Theosophical Society: While skiing at Sugarbush last weekend we happened to meet Ken Dean a native Vermonter from Mount Pelier and a member of the Theosophical Society ([www.theosophical.org/](http://www.theosophical.org/)). Probably few members are familiar with this group but next time you are at the Lodge; go into the foyer between the dining room and living room. Look on the wall opposite the door to the front porch and you will see a picture (sketch) of the Lodge as it appeared in the 1800's. That picture (plaque) was donated by the Theosophical Society to commemorate the fact that our Lodge is historically significant in the spiritual world. Ken said he'd been inside our lodge once before but wouldn't mind visiting again so we invited him to Amanda's birthday party that night. After the party ended, Ken and I had a lengthy conversation in the Dining room about the Eddy family and the spiritual realm. As it turns out the Eddy brothers

***(President's Message Continued on pg. 2)***

## UPDATE ON YOUR SKI LODGE

By Jim Lent

Hi everyone. Well, we're coming to the end of a great season. Conditions at Killington were fantastic through the 3<sup>rd</sup> week of April. As of this writing, mostly hardy folks with good knees will continue into May & maybe beyond. Remember, your lodge is always there with room to spare. From April 1<sup>st</sup> till Nov. 16<sup>th</sup>, juniors, AKA children of members age 8 -20 can use the house all week and weekends. Blackouts are all work weekends. The lodge summer schedule is posted on the website. May 1<sup>st</sup> through Nov. 1<sup>st</sup> summer rates apply.

The special events started last year will all be back. They include: The Adaptive bike ride 6/23, Kayak & picnic weekend on 8/4, the popular Killington party & music weekend on 8/18, autumn leaves hiking & picnic on 9/29 and spooky weekend on 10/20. Check the full schedule on the website & watch for e-blasts.

Also on the schedule are work weekends. We ski & board all winter, have special fun events through the warm season ... in between we need to maintain our wonderful property with lots of loving TLC supplied by volunteer members. That's how we've kept everything so nice for 46 years. Work weekends always include one free lunch, a group dinner and lots of shenanigans. 3 day weekends include a full day to enjoy Vermont! These work weekends are set on 5/26, 6/9, 7/14, 9/8, 10/6 and 11/10. Those attending 6/9 & 7/14 only will get 1 free night lodging.

As I finish this month's article, I'll say good bye for now as I'm stepping away from active duty. As the election is over, I've already been replaced and I know the team will continue on with new members. As a past president, lodge chair and many other positions, I am stepping away with the hope that new & younger members will continue to help with the legacy that we all share.

So, please everyone, try to make some time to help the club or lodge and share the comradery that makes us a great club.

And remember ...

***Participation is the heartbeat of High Life***

### ***(President's Message Continued)***

and our Lodge have more significance than most of us realize which is why the Theosophical society gave us the plaque. Amongst other facts I learned from Ken was that there are 'pathways' in different parts of the world that serve as conduits in which spirits pass or operate. One of them begins at Machu Pichu in Peru and comes right through the middle of Chittenden! This places our Lodge in the heart of the spiritual world and as Ken explained it is not by chance that the Eddy family operated here. During his conversation he stated that there are other places in the world which have had spiritual events. However, Ken said a number of spiritually-related events occurred in other parts of Vermont such as the fact that Brigham Young (founder of the Mormon Church) was born there. A total of (7) spiritually-significant events such as Brigham Young's birth and the Eddy Family have taken place in Vermont making it a unique location in the world. The Theosophical society documented that no place outside Vermont has a record of (7) such events. He closed by saying, it isn't Bethlehem and Jesus didn't walk the streets of Chittenden, but it is Big, very BIG. Ken volunteered to host a talk at our Lodge when we have an event or work weekend and I think it would be interesting for other members to hear what Ken has to say!

Summer in Vermont: The Executive Board and Lodge Committee agreed the activities at the Lodge last summer were a big hit. Therefore, the Lodge Committee has put together another schedule of events but I'll let them talk about that. I would like to say that Killington and other large resorts have realized that skiers love their mountains even when there's no snow. Most of the larger resorts are hosting an ever-increasing number of 'off-season' events many of which coincide with lodge events and work weekends. This makes it particularly attractive and easier for us to have a reason to head North in the summer!

Bob Zega

PS: **Lake Hopatcong Block party** is Saturday May 12<sup>th</sup> at Lake Hopatcong State Park. High Life will have a booth and I could use a hand setting up in the morning and staffing throughout the day. If you can volunteer a few hours please call me: 973-349-8001 or email: rjzega@yahoo.com.

## Fun with the Shad!

By Bob Liput

High Life goes to the Shad Festival again this year in Lambertville NJ--some went by car, and some went by Bike --via Bull's Island and the bike trail--The bike riders had a highlight of stopping at a Rummage sale at the Old Mill on the trail and Richard Stehlik and Bob Liput both picked up a pair skis (Vollkl and Salomon) 3 sets of poles (graphite)--for \$8.00 each---What a deal---Rich Fletcher had to stay and watch the skis while Don McLane had to go back and get the car--hard to transport 4 skies and 6 poles on a bike---of course in getting the car the boys had to down a few beers for the trip---that is when they ran into Phil Uhler who was looking for the gang all day--The Festival was hopping and the beer was cold---plus the food give-a -ways were present all along the streets that the gang walked -Rich and Bob had their blood pressure read, it was great--right on target for a pair of old guys---On the way home a Diner was located in Bridgewater that served Polish food--the plates were so large ---we all had to take half home in boxes

## A Night at the Races

By Bob Liput

High Life made their way back to "Night at the Races"--in Newark--Some big winners--some small winners, and of course --some no winners--but every one was a winner when it came to having a good time with food, drink,drink,drink and each other---Joan Foley was the grand winner with a positive cash flow of \$7,00--Don McLane gave his usual donation of money and just had some old paper to show for the night--Melody Wenger did win some races--more lost many more---but she really showed us that she knew how to throw the dice--Bob Liput came out exactly even for the night--;for him--that is a good night--Rich Stehlik brought his brother Tom to the place and every one was glad to see him---Phil Uhler and Kerry Klotz--almost won a few races--but came in 2nd 5 times---And of course all of us were glad to see the Hot Dogs at the end of the 5th race--it came every one a chance to rest up and fill up---One more event in the High Life Annuals to give us great memories and a night to share happy times with each other

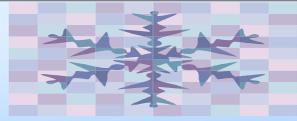
## Happy Hour with High Life

By Bob Liput

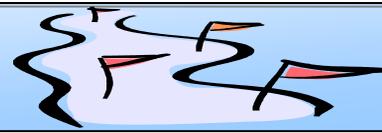
High Life does another Happy Hour at Tiffany's bar and grill in Montville---Of course many of the gang enjoyed the Bar part of the place--We had our own area with tables and chairs, but many people just walked around and socialized with each other--The event started at 4:00 and was suppose to end at 7:00, but most people stayed until close to 8:00 and made plans to go over to Don Pepe's fo some more food and drink.People came and went all 3 hours --so it was hard to gauge how may people were involved, but the room was filled with an over flow into the Bar area--close to 40 people were just having a good time--Long time, old time members came out--Lisa Trombius along with her husband, Dennis--who we found out knew Carol Cooney and Jack Cooney from high School many,many,many, many years ago--Dot Alerine and Mike Malyuk who come to about 3 meeting all year, came to the event and stated they will be coming around more often---they enjoyed the laid back Happy hour--Next Happy Hour is tentative for June 1--same place same time come on out and join the group be part of the Happy Gang

### Hit the links with High Life...

High Life is golfing again---Mondays at Lake Lacawanna and Thurs at Rolling Green--Contacty Don McLane for times and details---all are welcome--973-983-8007---973-216-3698 don0409@aol.com--if you can spell Golf--you fit the mold for our group---we do not keep score and use our judgement as to placement of any drives and putts--Tail gating is part of the agenda---Lunch afterwards is always a thought



# Club Activities



Date	Activity/Event	Event Leader &Phone
5/6 Sun	<b>Connecticut Garden Tour</b> Sleepy Cat Farm, Greenwich Conn. Meet at the Parking Lot at Jackson Ave and Rt 23-Pompton Plains NJ 9:00 AM. Car Pooling is possible \$7.00 each for entry to this beautiful 13 acre garden we will need a head count to determine a place to dine afterwards.	Cliff Gawel Phone: (201)394-0623
5/7 Mon	<b>Golf Mondays</b> We will be golfing every Monday for people who want to play. We will be back playing at Lake Lackawana at 11 AM The course is under new management but the price is still the same. Bring your chairs and favorite drinks.	Donald McLane <a href="mailto:Don0409@aol.com">Don0409@aol.com</a> Phone: (973) 983-8007 Cell: (973) 216-3698
5/12 Sat	<b>Block Party on Lake Hopatcong</b> Help man the High Life tent for an hour or so--Greet new potential members---enjoy the day with other High Lifers	Bob Zega <a href="mailto:RJZega@yahoo.com">RJZega@yahoo.com</a> (973)257-8136
5/14 Mon	<b>Golf Mondays</b> We will be golfing every Monday for people who want to play. We will be back playing at Lake Lackawana at 11 AM The course is under new management but the price is still the same. Bring your chairs and favorite drinks.	Donald McLane <a href="mailto:Don0409@aol.com">Don0409@aol.com</a> Phone: (973) 983-8007 Cell: (973) 216-3698
5/19 Sat	<b>Hudson Farms charity hike</b> Rain or Shine---7:00 am starts --11:00 am last hiker enters the trail-start any time in between No cost to you--Plus free lunch and gift Souvenir--Senior trail available for 65 +--See Bob Liput for details or car pooling----270 Stanhope Sparta Road, Andover NJ--973-398-4330	Bob Liput <a href="mailto:bobski711@optonline.net">bobski711@optonline.net</a> Phone: (973) 839-9124
5/20 Sun	<b>Golden Oldies Doo Wop Concert</b> Rhino Theater Pompton Lakes, NJ Order Tickets at a club meeteing. They are \$25 per person.	Bob Liput <a href="mailto:bobski711@optonline.net">bobski711@optonline.net</a> Phone: (973) 839-9124
5/26-5/28 Sat-Mon	<b>Work/Party Weekend at the lodge</b> General cleanup of house & property. One day work and party Sunday. Most rewarding weekend, helping & making friends	Donna Long <a href="mailto:dalong@optonline.net">dalong@optonline.net</a> Phone: (973) 398-4482 Cell: (201) 317-7830



# **SATURDAY SEPTEMBER 29** **HIGH LIFE SKI CLUB** **HIKING EVENT**

**Near the High Life Ski Club Lodge  
Chittenden, Vermont**

Join us for the first ever hiking day. Two groups: moderate and relaxed hikes will start mid-morning near the High Life Ski Club Lodge in Chittenden, Vermont. To register contact Paul Roy: pauldenisroy@aol.com - Paul's Cell 917-577-3737.



## **2 Group Hikes**

Moderate  
Relaxed

**Hike near Killington  
with High Life friends**

Guests  
OK too!

## **Dinner Provided**

7 pm  
\$15 pp

## **Great exercise**

Hike  
with  
friends

## **Great scenery!**

## **HIGH LIFE SKI CLUB**

127 Chittenden Rd.  
Chittenden, VT  
917-577-3737 (Paul Roy)

[www.highlifeskiclub.org](http://www.highlifeskiclub.org)

Saturday, Sept. 27, 2018

## Your Lodge just published our Summer Season Line Up:

Plan a couple of work weekends at our beautiful lodge! We can always use your help.

Something new for this season, anyone who attends a **June or July** work week end gets a free night at the lodge anytime within the next year.

Work Weekend Schedule and contacts:

WEEKEND Saturday	EVENT	START SIGN UPS Tuesday	TRUSTEE
26-May	Memorial Work Day & Party	24-Apr	Donna Long dalong@optonline.net
9-Jun	Work WeekEnd	8-May	Kenny Chodkiewicz kchod27@gmail.com
14-Jul	Work WeekEnd	5-Jun	Mike BurBridge tyrus8@aol.com
8-Sep	Work WeekEnd	14-Aug	Cliff Gawel dfcvbnlui@gmail.com
6-Oct	Work WeekEnd	11-Sep	Kenny Chodkiewicz kchod27@gmail.com
10-Nov	Work WeekEnd	16-Oct	Chris Cooney chrisrx@optonline.net

Back by popular demand OUR SEASONAL EVENTS!

WEEKEND Saturday	EVENT	START SIGN UPS Tuesday	TRUSTEE
23-Jun	Vermont Adaptive RIDE	8-May	Jim Ferrone Jimbikeski@aol.com
4-Aug	Kayak & Picnic	19-Jun	Jim Lent lakeshorewaves@optonline.net
18-Aug	Killington Party	10-Jul	Chris Cooney chrisrx@optonline.net
29-Sep	Green Mountains Hike	4-Sep	Paul Roy Amanda Zega
20-Oct	Spooky Weekend	25-Sep	Amanda Zega amzega77@gmail.com

**We want You to come Join us for all the Fun of Work Days and Events!**

Thank You,  
Donna Long  
HLSC Lodge Chair