



# The Sitzmark

## THE NEWSLETTER OF THE HIGH LIFE SKI AND SNOWBOARD CLUB

Visit our website at [www.highlifeskiclub.org](http://www.highlifeskiclub.org)

June 2018

### President's Message

June is two days away as I write this which means the official start of Summer is just around the corner. Funny I say that because I just returned from a week in Tucson, Az visiting my older son Tom and of course it was summer there every day of the week. Tucson Summers are different from a Summer day in NJ as you probably know. Yes it gets hot but with no humidity, the air really has a different feel. The mornings and the evenings are very nice and the sunsets in Arizona rival anything Key West, Florida can conjure up. With Summer only a few weeks away, all of us will want to get outside to pursue warm weather sports such as swimming, hiking, bicycling, paddling, fishing etc. All of these are activities that can be done just about anywhere including home, but "why not make it special, do it in Vermont".....(Hey Jim Lent, did I just coin a new High Life phrase)? Sure you've heard that before, but Vermont is really nice in the summer. The region gets plenty of warm weather and sometime it is humid but both heat and humidity are ratcheted down several notches compared to New Jersey.

For the Summer months, the Lodge Committee put together a list of activities including work-weekends for all of us to enjoy. In addition, they created a list of festivals and other Vermont based events that any of us wouldn't mind attending and why.....to make YOU, a High Life member think about using YOUR Lodge in the summer. There are plenty of places to see/visit in New England and Vermont is one of them. In addition to the Reservoir just down the road, there are other lakes nearby where you can swim, fish or boat should you want to. The opportunity for summer fun is plentiful in Vermont as many ski resorts now host some type of event almost every weekend. Things such as The Vermont Adaptive Ski Bicycle race, Spartan Races, The Dirty Girl Mud run, 5k's, mountain biking etc. are aimed at getting all of us into action. Even if you are not participating, such events can be viewed from the base lodges where you can laze back with a summer drink in your hand watching others. Most of the mountains now host Brew Fests and/or concerts all of which are cool events. Also keep in mind that Lake George is only a 45 min. drive from Rutland and there are scenic boat tours of varying lengths around this massive lake. A tour of Lake George by boat either coming to or leaving Vermont is quite easy to arrange. AND, the best news is that you can take in the Vermont summer scene for the unbelievable low price of \$15/night at our Lodge.

**(President's Message Continues pg. 2)**

### Club Meeting every Tuesday.

*All Club meetings begin  
at 8:00 p.m., at the Exchange  
Restaurant, downstairs room,  
160 E. Main St., Rockaway.*

*Executive Committee and  
Lodge Committees start at  
6:30 pm at the Exchange..*

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### **Submission Deadline** **for the July Issue is** **June 25**

Send items to:

Stephen Bolcar, Sitzmark Editor

[farleyscb@gmail.com](mailto:farleyscb@gmail.com)

## Greetings from the High Life Lodge

The Lodge has a lot going on this Summer. We welcome all of you to join us this summer for a Work Week End. **We need you to help!** This past Memorial Week End we had a work day on Saturday. Seven High Lifer's cleaned our house from top to bottom. This group was fantastic and put in a good day on Saturday. We had our Memorial WE B-B-Que the next day and a lesson in Geocaching from Maddie.

Our next 3 work week ends will be the weekends of June 9 contact Kenny Chodkiewicz, July 14<sup>th</sup> contact Mike Burbridge and September 8 contact Cliff Gawel. Anyone who attends the June or July work week besides getting a free lunch and lodging during the weekend will also receive a free pass for a Lodge night to be used anytime during the following year.

The Lodge is happy to return our off-season events as well. The next several upcoming events are **Vermont Adaptive Ride** for cyclist's weekend of **June 23** please see Jim Ferrone. Next, the **Kayak & Picnic** the weekend of **August 4** contact Jim Lent. **The Killington Mountain party** the weekend of **August 18** contact Chris Cooney.

The Killington Mountain itself also has ongoing summer activities. Every Saturday starting June 30 there is the Music in the Mountain Classical concert series. Starting the Saturday of July 14 there is the cooler in the Mountains series. **The Killington Mountain Party** Chris is running will be attending one of these and for you runners there is a Killington Boot Camp Race to the Peak on July 14<sup>th</sup>.

For more information [www.killington/things-to-do/events](http://www.killington/things-to-do/events) So, join us for a work Day at the Lodge and join in our events! We would love to see you.

Donna Long  
HLSC Lodge Chair



## Hit the links with High Life...

High Life is golfing again Mondays at Lake Lacawanna and Thurs at Rolling Green Contact Don McLane for times and details all are welcome--973-983-8007, 973-216-3698 [don0409@aol.com](mailto:don0409@aol.com) if you can spell Golf you fit the mold for our group we do not keep score and use our judgement as to placement of any drives and putts. Tail gating is part of the agenda. Lunch afterwards is always a thought

## Doo Wop

By Barbara Capsourus

High Life once again goes to the PNC Bank Arts Center in Holmdel, NJ for the Doo Wop Extravaganza concert. On Friday, May 18, 2018 a determined group met in the parking lot for tailgating before the show. The rain held off but it was chilly for an evening in May. Warmed up by a variety of libations, the group got in line for this free concert and managed to get seats together in the center orchestra section of the Arts Center under cover from the elements. Sunny and Tom found us and joined just in time for the concert to begin at 8:00 p.m. The group had the pleasure of listening to the following great recording artists: The Brooklyn Bridge; The Coasters; Johnny Tillotson; Chris Montez; The Knockouts; The Devotions; and Bobby Wilson (special tribute to father, Jackie Wilson). A great time was had by all High Lifers and we look forward to the next free concert at PNC Arts Center!

## Mount Bachelor 2019

By Bob Liput

Mt Bachelor, Oregon--Feb 2 to Feb 9--includes 5 day lift pass, hot breakfast daily, Air fare, private bus to the Mt. and back--hotel style rooms, one big group meal at a local restaurant, happy hour each day at Apres party, group photo, \$20 voucher for High Life clothing (shirts, vests, jackets, etc) \$1675---Ages 65-69--\$1635--Ages 70+ \$1575--see/contact Bob Liput for sign ups or more details 973-839-9124 bobski711@optonline.net--Big new Mt. for the club

## Innsbruck Austria

By Bob Liput

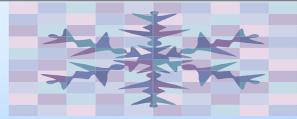
Innsbruck, Austria---Mar 9th to 17th---Breakfast and Dinner each day, Air fare, 4 star hotel--Grauer Bar, One block to Old Historic Town Direct flight from Newark to Munich, Lufthansa, private transfers to Innsbruck (no lift tickets)--\$1500--See/contact Bob Liput--973-839-9124 bobski711@optonline.net

### *(President's Message Continued)*

**Recruitment Effort:** High Life attended the (once-again rained on) Lake Hopatcong block party on Saturday May 12th. We had good traffic at our booth and collected 15-20 names with email addresses from people who stopped to ask about our club. No one joined on the spot but I believe we will get a few memberships out of this festival. Two young women in the 30-40 yo age group stopped by and one said she had just moved to NJ from Colorado and loves to ski. I gave her a short talk about the benefits of ski-club membership and the discount lift ticket (voucher) program. Both are two of the group who left contact information. I plan to email all inviting them to our Fall kickoff (if not sooner) meeting so they can see our club in action. HighLife might attend another festival or two before the snow season arrives and if so, I'll announce it in the Sitzmark and at meetings asking for help. Thanks go to Jeff Zega, Bob Liput, Don McLain, Kathy Holusha, Robin and Lenny for attending and helping at the booth. ALL help is greatly appreciated and prevents the same two people from standing all day without relief.

The **SUMMER MEETING SCHEDULE** begins **NOW!** Highlife will meet on the **2<sup>nd</sup>** **and 4<sup>th</sup> Tuesdays** during June, July and August. PLEASE do NOT come any other Tuesday during these months or you'll be the only member attending. On Friday June 1<sup>st</sup>, Bob Liput held another Happy Hour scheduled at Charlie Brown's in Denville. Keep an eye on the High Life calendar and What's new for other similar events over the Summer.

Bob Zega



# Club Activities



Date	Activity/Event	Event Leader &Phone
6/8-6/15 Fri-Fri	<b>Cape Cod Bike, Golf, Sight See or Relax Week.</b> \$255 members---\$285 non-members--includes room, one group meal, unlimited beer and wine for the entire week-Activities will be Bike rides, golf, boat tours of Nantucket and/or Martha's vineyard sight seeing to various towns to partake in local events Cranberry Bogs, sheep shearing and museums.	Donald McLane Don0409@aol.com Phone: (973) 983-8007 Cell: (973) 216-3698
6/9-6/10 Sat-Sun	<b>Work Weekend at the Lodge</b> General Maintenance, Free Lunch and a group Dinner.	Ken Chodkiewicz <a href="mailto:kchod27@gmail.com">kchod27@gmail.com</a> Cell: (973) 919-1962
6/17 Sun	<b>Liberty State Park and Weehawken Bicycle Ride.</b> Meet: 10:00 AM at Liberty State Park (Exit 14B - NJTPKE Newark Bay Extension) at 3rd Parking lot nearest the information center. Ride from Liberty State Park through Jersey City, Hoboken, and Weehawken, taking in the beautiful views along the Hudson River along with a brief stop at the Liberty National Golf Course. Distance approx. 25 miles. Lunch will be at the Weehawken Ferry Terminal. IMPORTANT!!!! MUST REGISTER ON OR BEFORE 5:00 PM June 16. HELMETS REQUIRED. Bring lunch and water. Rain cancels.	Ed Leibowitz eleibow@Verizon.net Phone: (201)332-1709 Cell: (201)850-9649
6/23-6/24 Sat-Sun	<b>Adaptive Bike Race</b> Stay at the lodge & participate in multi level Vermont Adaptive Bike Ride	Jim Ferrone jimbikeski@aol.com Cell: (973) 650-7060
7/3 Tue	<b>Summer Music at Brookdale Park</b> Belletones & Total Soul plus, Fireworks.  LOOK FOR THE GREEN BALLOON – THAT’S WHERE THE HI-LIFE CROWD WILL BE Bring chair, bug spray, a snack/beverage to share – be prepared to enjoy the evening	In case of inclement weather Call (973)268-3500 option 4
7/6 Fri	<b>Summer Music at Brookdale Park</b> Garden State Radio.  LOOK FOR THE GREEN BALLOON – THAT’S WHERE THE HI-LIFE CROWD WILL BE Bring chair, bug spray, a snack/beverage to share – be prepared to enjoy the evening	In case of inclement weather Call (973)268-3500 option 4
7/13 Fri	<b>Summer Music at Brookdale Park</b> Billy Gilman – (The Finalist on the voice.)  LOOK FOR THE GREEN BALLOON – THAT’S WHERE THE HI-LIFE CROWD WILL BE Bring chair, bug spray, a snack/beverage to share – be prepared to enjoy the evening	In case of inclement weather Call (973)268-3500 option 4



# **SATURDAY SEPTEMBER 29** **HIGH LIFE SKI CLUB** **HIKING EVENT**

**Near the High Life Ski Club Lodge  
Chittenden, Vermont**

Join us for the first ever hiking day. Two groups: moderate and relaxed hikes will start mid-morning near the High Life Ski Club Lodge in Chittenden, Vermont. To register contact Paul Roy: pauldenisroy@aol.com - Paul's Cell 917-577-3737.



## **2 Group Hikes**

Moderate  
Relaxed

**Hike near Killington  
with High Life friends**

Guests  
OK too!

## **Dinner Provided**

7 pm  
\$15 pp

## **Great exercise**

Hike  
with  
friends

## **Great scenery!**

## **HIGH LIFE SKI CLUB**

127 Chittenden Rd.  
Chittenden, VT  
917-577-3737 (Paul Roy)

[www.highlifeskiclub.org](http://www.highlifeskiclub.org)

Saturday, Sept. 27, 2018

**Your Lodge just published our Summer Season Line Up:**

Plan a couple of work weekends at our beautiful lodge! We can always use your help.

Something new for this season, anyone who attends a **June or July** work week end gets a free night at the lodge anytime within the next year.

Work Weekend Schedule and contacts:

WEEKEND Saturday	EVENT	START SIGN UPS Tuesday	TRUSTEE
26-May	Memorial Work Day & Party	24-Apr	Donna Long dalong@optonline.net
9-Jun	Work WeekEnd	8-May	Kenny Chodkiewicz kchod27@gmail.com
14-Jul	Work WeekEnd	5-Jun	Mike BurBridge tyrus8@aol.com
8-Sep	Work WeekEnd	14-Aug	Cliff Gawel dfcvbnlui@gmail.com
6-Oct	Work WeekEnd	11-Sep	Kenny Chodkiewicz kchod27@gmail.com
10-Nov	Work WeekEnd	16-Oct	Chris Cooney chrisrx@optonline.net

Back by popular demand OUR SEASONAL EVENTS!

WEEKEND Saturday	EVENT	START SIGN UPS Tuesday	TRUSTEE
23-Jun	Vermont Adaptive RIDE	8-May	Jim Ferrone Jimbikeski@aol.com
4-Aug	Kayak & Picnic	19-Jun	Jim Lent lakeshorewaves@optonline.net
18-Aug	Killington Party	10-Jul	Chris Cooney chrisrx@optonline.net
29-Sep	Green Mountains Hike	4-Sep	Paul Roy Amanda Zega
20-Oct	Spooky Weekend	25-Sep	Amanda Zega amzega77@gmail.com

**We want You to come Join us for all the Fun of Work Days and Events!**

Thank You,  
Donna Long  
HLSC Lodge Chair