



The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI
AND SNOWBOARD CLUB

May 2025

Check for
updates
regarding in
person
meetings!

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Submission Deadline
for the June
Issue is
May 29

Send items to:
youngne1965@gmail.com

President's Message - Submitted by Paul Roy,
President 917-577-3737 pauldenisroy@aol.com

Election night was April 22 for all Executive Board positions and five Lodge Trustees. Many thanks to Ron Smolt, with help from Nominating Committee members Linda Burns and Carol Cooney, for running a smooth annual election. Thanks also to Jim and Barbara Lent for validating members in attendance. We had 47 members attend (up from 40 last year), well over 10 percent of the current membership count. So, per the Club's By-laws we had a valid election. All Executive Board incumbents except one were re-elected. Melody Wenger chose not to run for re-election. We thank Melody for a great job as Activities Chairperson and for many years volunteering with the Club. Cliff Gawel, welcome to your new position - Activities Chairperson. Finally, thanks to Linda Burns for having the Exchange provide a tasty election night buffet.

Here is High Life Ski Club's Executive Board for June 2025 through May 2026:

President – Paul Roy
Administrative VP/Membership – Carol Cooney
Officer at Large – Linda Burns
Treasurer – Jeffrey Zega
Recording Secretary – Sal Pulitano
Corresponding Secretary – Barbara Capsouras
Parliamentarian – Ron Smolt
NJ Ski and Snowboard Council Representative – Bob Zega
Ski Trip Chairperson – Nina Tudorowsky
Activities Chairperson – Cliff Gawel
Newsletter Editor – Andrie Young
Social Media Coordinator – Jason Briggs

(President's Message Continued pg 13)

LODGE REPORT

April 30th brought a close to the 2024/25 fiscal year for the High Life Ski Lodge. I would like to extend gratitude and appreciation to each member of High Life (and their guests) who used the Lodge this past season. Once again, the Lodge hosted more than 2,000 bed nights. On behalf of the Lodge Committee, thank you for choosing High Life Ski Club and High Life Ski Lodge as an amplification of your recreational activities. Whether the Lodge provides easy access to your favorite mountain, serves as a rendezvous for your ski/snowboard family and friends, or provides a quiet, warm-weather retreat, the Lodge Committee promises to continue providing an amazing Lodge that caters to all members....whether you ski, snowboard, snow shoe, cross-country, hike, bike, kayak, swim, fish, golf, meditate, read.....or just party with your favorite people!! Two-thousand bed nights is significant.....Let's go for three-in-a-row The Lodge Committee will be ready....so we expect to see you in Vermont!!

The Lodge Committee congratulates Chris Cooney, Kerry Klotz, Chris Moser, and Jack McDevitt on their re-election during April's Club Elections. The Committee also congratulates and would like you to welcome Steve Anderson as a new Trustee. The Committee would also like to congratulate everyone elected to the Club Executive Board and wish luck and success this coming year.

The Lodge Committee graciously tips its hat to Dave Young who has stepped back as a Trustee. Dave wasn't just a fantastic House Mom....he also exemplified the type of volunteerism that powers the spirit of High Life Ski Club. If the Lodge had an issue, a schedule-change was needed, or an event-host required, Dave always had his hand up to offer service. Dave's keen observation and steady-hand also helped ease some of the difficult decisions the Lodge faced. Thank you Dave!! We will miss you on the Committee!! April was another epic month on the slopes in Vermont. Warm, mashed-potato days had some surprise powder days mixed in. High Life also made its presence known at the Bear Mountain Mogul Challenge as Chris Cooney and Amanda Zega threw an epic tailgate and Friday night après party (see pictures in this month's Sitzmark). Of course, a party of this magnitude would not have run smoothly without the help of David Wenger, Jeff Zega, Carol Cooney and Dave Young! Missed this rear's fun?? Don't worry...Amanda and Chris are already prepping for BMMC 2026!!

Did you see the photos? Did you love the blue long-sleeve mogul shirts? We have a few extras in both men's and women's sizes for \$15. Contact Chris Cooney or Amanda Zega to get your hands on one!!

The first Lodge Work Weekend will be held May 16-18, 2025. Come help the Lodge complete the spring cleanup and set its upcoming project list. All workers receive complimentary Lodge fees on Friday and Saturday nights as well as lunch on Saturday. Donna Long is the House Mom...and signups are open. Donna can be reached at dannl100@yahoo.com (email preferred) or (201) 317-7830.

Be sure to pay attention to Club emails and social media as Lodge Summer events are announced. The pot is still stirring...but there is a golf event, rodeo weekend, and some motorcycle touring beginning to simmer to the top!!

The Lodge thanks Melody Wenger for her service to the Executive Board as Activities-Chair and wishes Cliff Gawel luck as he takes on this role.

Wishing all High Life Moms a Happy Mother's Day!! (Even our House Moms too!!)

-Chris Cooney
Lodge Chairperson



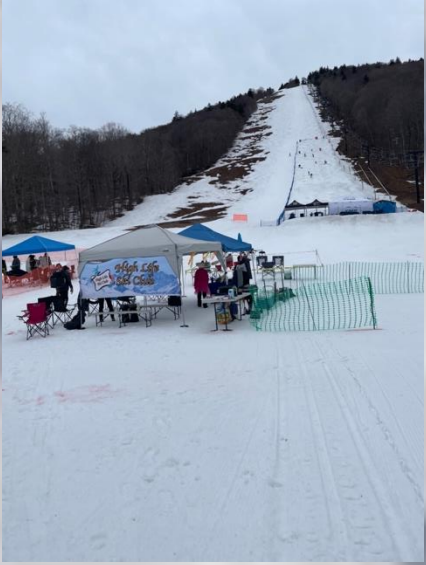
APRIL EVENTS

April 2

Members gathered at Boonton Lanes on April 2 to throw strikes and spares. Some were more successful than others. Jackie was our high scorer with 173!!! Go girl. Fun was followed by lunch at Reservoir Tavern. Join us next time! **By Melody Wenger**



High Lifers enjoying mogul weekend!!



APRIL EVENTS CONT.

April 12

Fellow High Lifers at k1 for Pond Skim and Superstar close weekend, with a powder gift from Mother Nature."

Submitted by Steve Cimiluca



APRIL EVENTS CONT.

Everyone had a great time! Easter weekend fun! :)



Sunday morning chill session.

Friday night pulled pork dinner



Friday night barn hang.



Submitted by Lyne Dozier

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

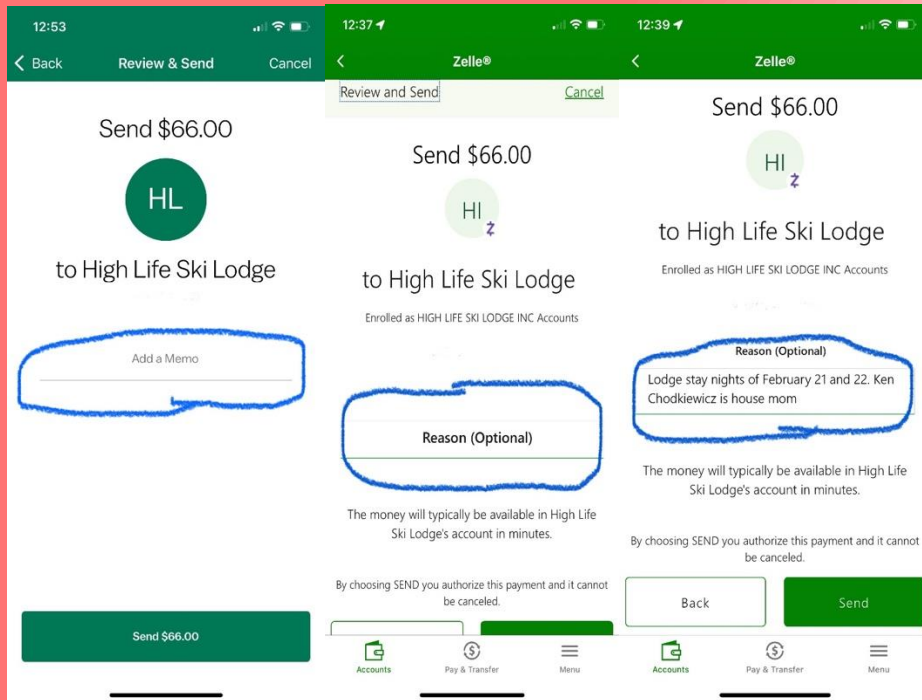
1. Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.
2. NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.
3. Zelle can ONLY be used for payments. No refunds will be made once a Zelle payment is confirmed. If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.
4. If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.

To pay using Zelle, please follow these instructions:

- Confirm the Zelle-recipient information with the House-mom. Input this information per House-mom instructions.
- In the comment section (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction.....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: *Your bank or Zelle app may look different. These are for example only.*

-Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)... *and remember that many of our House-Moms still work and might not be able to respond for several hours.* Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

*****The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.**



LODGE GUIDELINES CONT.

1. **Your full name**
2. **Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.**
3. **Date and day of arrival, the number of nights, and the date/day of departure**
4. **Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)**

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful winter,

The Lodge Committee.



MAY EVENTS



May 16-18

Join your fellow High Lifers for a Work Weekend The focus of the Work Weekend is to complete the spring cleanup and set project goals for the remainder Work Weekends. All members are welcome....there are tasks for everyone!!

All workers will enjoy complimentary Friday/Saturday night Lodge fees, as well as lunch on Saturday. Work Weekends also provide a great environment to socialize with other members (including many of your Lodge Trustees) and enjoy the Lodge during warmer months. Plus....you never know if a surprise or two gets thrown in...."

Contact Donna Long (email is preferred method of communication danni100@yahoo.com. Donna can also be reached at 201-317-7830).

May
17

**All ABOARD 12 pm... The Winery Train – Saturday May 17th
Tickets Limited... Order yours TODAY!**

Spend the afternoon with fellow High Lifers. First enjoy a beautiful journey along the scenic Delaware River on the Warren County Winery Train. We will travel along the river to the farthest end of the railroad, debarking at the historic Riegelsville train station. Just up the hill from the train station (a shuttle bus will take us up their driveway), we will visit one of New Jersey's most beautiful wineries - Villa Milagro Vineyards. Here we will learn how grapes are grown and made into wine then sample their delicious wines and have an opportunity to purchase them at the source. Feel free to pack lunch to enjoy on the property. Once the shuttle drops us off to board the train again, it will begin its journey back to where we started. At the end of the day we will relax at the picnic tables in Phillipsburg with views of the Delaware and Lehigh Rivers. From your car, you can retrieve appetizers packed to pair with the wine you purchased or bring your own libations.

We will meet at the train station: Delaware River Railroad - 38 Market Street, Phillipsburg, NJ 08865 around 11:30 to ensure we are on the 12:00 train.

The cost is \$45 per person, and it includes a day filled with wine and fun! You must purchase your own ticket for May 17th 12:00 Wine Train. Order tickets at <https://www.877trainride.com/wineticketoffice.html> ASAP as only 22 tickets are left!

Once you purchase your ticket, please email me at melwengerHL@gmail.com with your attendance. Once we have our group, we can share and perhaps set up car-pooling or food planning.

Any questions, my number is 973-632-5090. Cheers! Melody Wenger



LOOKING AHEAD

June 12 - June 19. The High Life Ski club's 2025 Spring Cape Cod trip will be once again at the Kingfisher Lodging in Dennis for the week starting Thursday June 12 to Thursday June 19. The price is \$105* a night per room for members and \$110* for non members.

The possible activities are endless. Ideas include kayaking, whale watching, day trips to Martha's Vineyard or Nantucket which has a great whaling museum, the heritage museum (with wonderful gardens and an awesome display of race cars), fishing trips, golfing, train rides, cape cod beer, cape cod potato chip factory, shark museum, the Marconi museum, light house tours, cranberry bog tours, and so on. Cape Cod has an awesome collection of biking trails with rentals possible at many locations. Music fan? Joe Russo's Almost Dead will be playing Friday June 13th. This is a Grateful Dead tribute band.

We will have several group meals for those that wish to participate, one will be a pizza dinner paid by the club, another will be a lobsterfest for approximately \$30 per person. We will not have use of the kitchen but will have use of microwaves and a barbecue grill. A keurig type coffee maker & coffee, a small refrigerator and a microwave oven are in each room. Dogs are allowed. As always, first come first served*, with money in hand reserving your spot/room. Checks should be made out to Phil Uhler.

To reserve your place, mail your check to
Phil Uhler
371 Finch Ln,
Bedminster NJ 07921-1920



along with your contact information. For more information contact, Phil Uhler at the address above or call or text him at **908-295-4457**.

*Please note, preference will be given to those staying the full week.

June 15

CONCERT- ROSS FARMS IN BASKING RIDGE GET YOUR TICKETS NOW!!!

Kick off the summer by joining your fellow High Lifers at an outdoor concert on Ross Farms in Basking Ridge on June 15th, 5-8 pm. Tickets, including fees, are shy of \$40. See <https://rossfarm.org/event/eilen-jewell-2/>

Singer/songwriter, Eilen Jewell is known for her incredible blend of Americana, folk, and roots music. The Boise, Idaho songwriter leads a tight quartet that fuses influences of surf-noir, early blues, classic country, folk, and 1960s-era rock 'n' roll. Eilen's fans have marveled at her warmth and onstage humor alongside her beautiful songs and fiery performances.

Join us for this special early evening concert. Bring your lawn chairs or blankets to spread out and enjoy! Concert will be held rain or shine, no refunds. Picnics or snacks are welcome, too, but please carry out what you carry in. Tickets are on sale now—don't miss out!

I have no idea how quickly this artist's tickets will sell out. I'm buying mine today! Once you buy your tickets, send me an email at melwengerHL@gmail.com so we can coordinate the event as the date gets closer.

PS - I have been listening to her music and I love it. Check her out. Eilen Jewell.

Submitted by Melody Wenger

NJ Ski Council Announcements

Unused lift tickets (vouchers) issued by NJ Ski Council for Killington and Pico were due back before the end of April. If, you did not return unused vouchers, it is now too late.

NJ Ski and Snowboard Council 2026 Winter Trips

- 1) Mount Tremblant, Canada: February 1-6, 2026.
 - a. 5 nights lodging with several options. Price depends on room choice
 - b. Includes 5-day lift ticket but discount with IKON pass
 - c. Daily breakfast, meet and greet party, **\$26 US per day parking fee**
 - d. Registration is open now. [Click here](#) for a flyer and form.

- 2) Banff, Canada Feb 21-28, 2026. Ski at Lake Louise, Sunshine Village and Norquay.
 - a. 7 nights lodging, round trip transfers from Calgary to Banff
 - b. 5-day lift ticket good at all 3 resorts, ikon pass is accepted at all 3
 - c. Welcome party, après ski party and banquet. Options for 4 or 6-day and senior (over 65) lift tix .
 - d. Various options for air and lodging will be available.
 - e. No current pricing but Registration is now open. [Click here](#) for a flyer.

- 3) Sunday River, Maine March 1-5, 2026.
 - a. Price \$475-750 for club members depending on room choice
 - b. 5 nights lodging and group dinner
 - c. Dining and breakfast cards no longer offered
 - d. Lift tickets NOT included in price and must be purchased separately except if you hold an Ikon Pass. 80 years old skis free!
 - e. Registration is now open. [Click here](#) for the flyer and reservation form.

President's Message Cont.

Club Finances

The Club is in good shape financially, with \$42,000 in the General Operating Account and another \$20,000 in a certificate of deposit.

Meetings and Other Events

We had 14 attend the Zoom membership meeting April 1, and went over the Lodge schedule and trips among other things. The Executive Board met April 8. At the following membership meeting with 26 attending, Parliamentarian Ron Smolt went through the nominations process. The Lodge Trustees met before the April 22 election. As we get into warmer weather, the Lodge will have work weekends and some fun events too.

Here are the upcoming meeting dates at the Rockaway Exchange Restaurant. Note the next Zoom meeting for all members will be in September or October. Check the Club website and your email for the latest schedule.

High Life Ski Club Meetings Schedule

● Tuesday May 13 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday May 27 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

● Tuesday June 10 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday June 24 Zoom

7:00 pm Lodge Trustees

● Tuesday July 8 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday July 22 Zoom

7:00 pm Lodge Trustees

Trips and Activities

The Cape Cod trip is June 12 to 19. Contact Phil Uhler to sign up.

The Club's Zermatt Switzerland trip is January 30 to February 7, 2025. Whitefish, Montana is February 12-28. Contact Nina Tudorowsky to sign up.

The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org.

HLSC Lodge 2024-25 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
23-Nov	11/20-11/26		12-Nov	Jim Ferrone	
30-Nov	11/27-12/3	Thanksgiving	19-Nov	Ken Chodkiewicz	
7-Dec	12/4-12/10		26-Nov	Dave Young	
14-Dec	12/11-12/17		3-Dec	Dave Young	
21-Dec	12/18-12/24		10-Dec	Mike Burbridge	
28-Dec	12/25-01/01	New Year's	10-Dec	Dave Young	New Year's Eve Party
4-Jan	01/02-01/07		24-Dec	Chris Moser	
11-Jan	01/08-01/14		31-Dec	Donna Long	
18-Jan	01/15-01/21	MLK Weekend	7-Jan	Chris Cooney	Snowshow/Family Week
25-Jan	01/22-01/28		14-Jan	Chris Moser	Family Weekend
1-Feb	01/29-02/04		21-Jan	Kerry Klotz	
8-Feb	02/05-02/11	Superbowl	28-Jan	Mike Burbridge	
15-Feb	02/12-02/18	President's Weekend	4-Feb	Dave Young	Snowshow/Family Week
22-Feb	02/19-02/25		11-Feb	Ken Chodkiewicz	Family Weekend
1-Mar	02/26-03/04		18-Feb	Kerry Klotz	
8-Mar	03/05-03/11		25-Feb	Dave Young	
15-Mar	03/12-03/18	St. Patrick's Dinner	4-Mar	Chris Cooney	
22-Mar	03/19-03/25		11-Mar	Nancy Mathieson	Family Weekend
29-Mar	03/26-04/01		18-Mar	Donna Long	
5-Apr	04/02-04/08		25-Mar	Jack McDevitt	
12-Apr	04/09-04/15		1-Apr	Mike Burbridge	
19-Apr	04/16-04/22		8-Apr	Kerry Klotz	
26-Apr	04/23-04/29		15-Apr	Jim Ferrone	
3-May	04/30-05/06		22-Apr	Chris Cooney	
10-May	05/07-05/13		29-Apr	Dave Young	
17-May	05/14-05/20		6-May	Donna Long	
24-May	05/21-05/27		13-May	Jim Ferrone	
31-May	05/28-06/03		20-May	Chris Moser	
DONNA LONG (201) 317-7830 dannl100@yahoo.com		KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com			
KERRY KLOTZ (973) 420-5444 kerryklotz@ymail.com		DAVE YOUNG (609) 571-5002 youngdavid020@gmail.com			
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