



The Sitzmark

THE NEWSLETTER OF THE HIGH LIFE SKI
AND SNOWBOARD CLUB
JANUARY 2026

**Check for
updates
regarding in
person
meetings!**

In this Issue

Pres. Message	pg 1
Lodge Report	pg 2
December Events	pg 3
Lodge Guidelines	pg 4-6
HL Ski Apparel	pg 7
January Events	pg 8
Looking Ahead	pg 9
Racer Ready	pg 10
Masters Schedule	pg 11
Ski Area Info.	pg 12-13
Pres. Msg. Cont.	pg 14
Lodge Sign Ups	pg 15

**Submission Deadline
for the February Issue is
January**

**Send items to:
youngne1965@gmail.com**

President's Message Submitted by Paul Roy
President, 917-577-3737 pauldenisroy@aol.com.

Winter is here! On December 26, Killington had 96 trails open (of 155 total) and a 14" base. There's below freezing temperatures and snowfall in the forecast through early January.

Your Club's membership is growing. As of December 9 we have 351 members, 23 more than December 2024.

Here is the Executive Board from June 2025 through May 2026:

President – Paul Roy

Administrative VP/Membership – Carol Cooney

Officer at Large – Linda Burns

Treasurer – Jeffrey Zega

Recording Secretary – Sal Pulitano

Corresponding Secretary – Barbara Capsouras

Parliamentarian – Ron Smolt

NJ Ski and Snowboard Council Representative – Bob Zega

Ski Trip Chairperson – Nina Tudorowsky

Activities Chairperson – Cliff Gawel

Newsletter Editor – Andrie Young

Social Media Coordinator – Jason Briggs

Chair of the Lodge Trustees - Chris Cooney

Trips

The Club's Zermatt Switzerland trip is January 30 to February 7, 2026. Whitefish Montana is February 12-28, 2026. Contact Nina Tudorowsky or Charlie Kirk to sign up.

The New Jersey Ski and Snowboard Council offers trips too. Check the website: njssc.org

(President's Message Cont pg 14)

LODGE REPORT

Happy New Year and welcome to 2026!! The Lodge Committee wishes you continued health, success, and joyous experiences in the New Year. We hope you have a calendar full of exciting winter plans and that some of those plans include turns at your favorite resort near our Lodge. Whether your adventures are at your local mountain, on a High Life or NJSSC trip, or at our amazing Lodge, please have fun, be safe, and enjoy each moment!!

The Northeast had some fantastic December conditions....even NJ has had snow!! While conditions at your local mountain might be appealing, imagine how impressive Vermont terrain must be. If you didn't have a chance to ski Vermont or spend time at the Lodge in December, we hope to see you in Vermont in the coming weeks. As always, your Lodge schedule is included in the Sitzmark. Checkout upcoming family weekends, and special events such as the Superbowl, St. Patrick's, and BMCC party weekends.!!

Winter does tend to have spikes of illnesses such as the Flu, common colds, and other ailments. The Lodge Committee is understanding if your plans change due to illness and ask our members to please be courteous and adjust your Lodge plans if you are not feeling well. Your House-mom may communicate with you should illness break out prior to your stay. Understand....our goal is not to panic at each cough or sneeze (this happens), but we would like to minimize unneeded exposure of any illness when we can. Just remember....If you are not feeling well, please let your house-mom know as soon as is reasonable.

Since we are talking about communication....please initiate all communication with the respective house-mom via phone call and/or email. Your house-moms will do their best to respond as quickly as possible....however...we know some of you (especially during storm-chasing season) love to call your house-mom as you are walking to your car with the engine running. Do understand that your house-moms may be working, skiing, or unavailable for a few hours at a time. The sooner you reach out to your house-mom, the easier the signup process becomes.

Just a reminder for those of you who like to utilize Zelle to pay for Lodge stays... Members are NOT to initiate a Zelle transaction without confirmation of reservation from a house-mom. In addition, house-moms request that your reservation details be placed in the comment field of the Zelle transaction (we know this is not a mandatory field....). There is a Lodge Guidelines article in the Sitzmark that has these instructions and diagrams. Please review. If you ever have questions, please ask your house-mom!

As we are now in the "busy season" at the Lodge, we do have to express the importance of completing your assigned chore. Take ownership of your chore....If you are assigned the kitchen floor, take pride in keeping the floor clean. Most chores can be accomplished in 10 or 15 minutes when they are done regularly. For those who like to stay at the Lodge for longer stretches (ie more than 4 nights) we may ask you to complete your chores multiple times during your stay. Also....promptly washing, drying, and putting away your kitchen items are not chores....they are responsibilities. The Lodge Committee thanks each of you in advance!

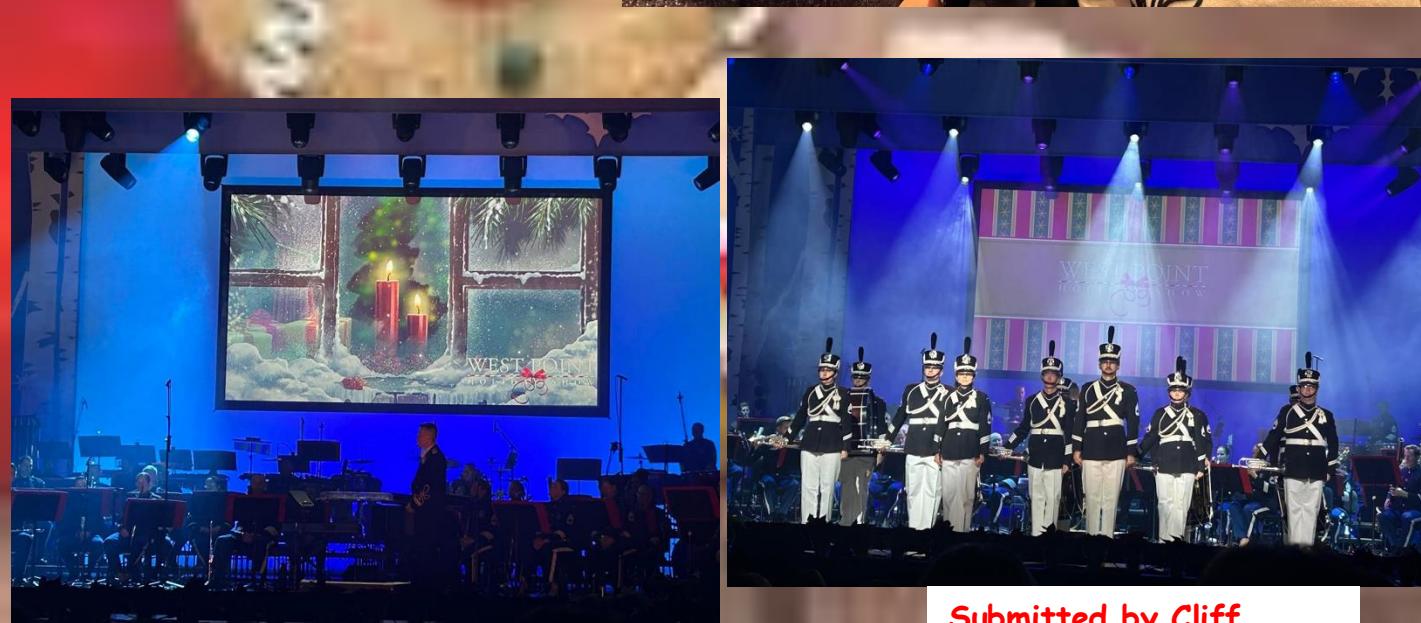
We can't wait to see you in Vermont!! Wishing you joy this winter season!!

**Happy 2026!!
-Chris Cooney
Lodge Chairperson**



DECEMBER EVENTS

December 6
The West Point Holiday Show was a beloved annual tradition. It is praised for its festive mix of classic carols, modern hits, The Hellcats' drumming, Nutcracker arrangements. It also includes family-friendly fun like meeting Santa. It is also offering a heartwarming, traditional holiday experience with great music and pageantry, though some find the scale large and festive for all ages in the Hudson Valley.



Submitted by Cliff
Scheuer

LODGE GUIDELINES

Hello High Lifers!

With the increasing demand of Lodge use the Lodge Committee would like to streamline the communication process as it pertains to making Lodge reservations. This document is meant to be dynamic and will be continuously updated as we figure out what works and what doesn't. The Lodge Committee asks all members to take the below guidelines into consideration as you make your Lodge reservations. Remember....the key to an effective reservation is to have clear and comprehensive communication with your House-mom. As of November 1st, the Lodge will be collecting Winter rates for Lodge use. Please see the Lodge Rules and Regs for the current rates or ask your House-mom.

All reservations must be confirmed directly with a house mom before a payment is made. Failure to do so will result in a mandatory \$5 penalty to be paid into the Lodge Supply Bucket.

Guidelines for paying for Lodge stays through Zelle

For those who wish to utilize Zelle to pay for their Lodge usage, please be aware of the following guidelines:

1. **Members (only) can pay for Lodge stays and events electronically using the Zelle app on their mobile device.**
2. **NO ZELLE PAYMENT is allowed until after you've communicated with the house-mom and have a confirmation for your stay. If a payment is made prior to confirmation from the house-mom, a \$5 penalty will be assessed.**
3. **Zelle can ONLY be used for payments. *No refunds will be made once a Zelle payment is confirmed.* If a change to a reservation is made and is compliant with the Lodge rules, a credit will be issued.**
4. **If a member uses Zelle for payments, the member is responsible for ensuring they know how to correctly use the Zelle application. High Life Ski Lodge, Inc. is not responsible for any user error, application malfunction, or security of the relationship between Zelle and your bank account.**

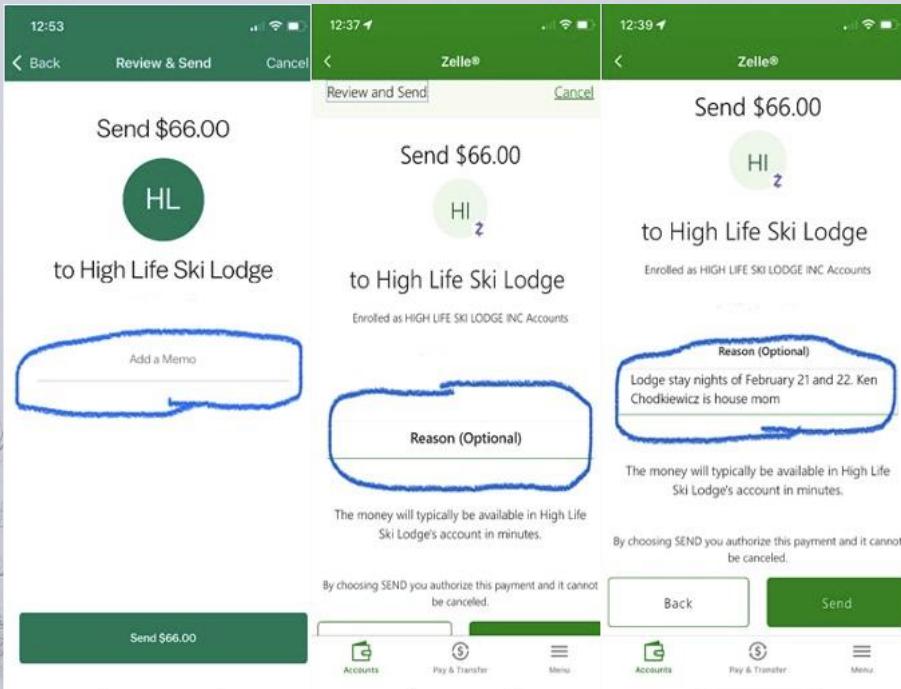
To pay using Zelle, please follow these instructions:

Confirm the recipient information with the House-mom. Input this information per House-mom instructions.

In the comment section, (may be listed as "Reason", "Add a Memo" or something similar based on your banking or Zelle app), please list dates of your intended overnights (ie. Jan 4,5,6) and the name of the corresponding house-mom. Including this information in the comment section eases tracking for your payments. Please note: This field is NOT required by Zelle to execute a transaction....you must consciously input the requested information. See Screenshots below. Failure to include this information will result in a \$5 penalty to be paid to the Lodge supply bucket.



LODGE GUIDELINES CONT.



Note: Your bank or Zelle app may look different. These are for example only.

Once you've completed the payment, please inform the house-mom. Optionally (if your personal banking information is not visible) you could additionally forward a screenshot or confirmation email.

REMINDER: Making a Zelle payment prior to receiving house-mom confirmation of your reservation or failing to fill in the Reason/Memo section of the Zelle transaction will result in a \$5 penalty.

Reservations are taken in person at Club meetings as per the dates on the Lodge schedule, which is posted on the Club Web Page (or you can ask a House-mom to email you the .pdf). After that meeting house moms will accept reservations by email or phone call only!! No initial contact with a House-mom via text-message.

Please call during reasonable hours of the day (hint: if you have to ask yourself if it's a reasonable time, chances are it isn't)... and remember that many of our House-Moms still work and might not be able to respond for several hours. Our House-Moms do their best to acknowledge your communication as quickly as possible, but at times an immediate response is not possible. If you'd like to go to the Lodge, please allow ample time for your House-Mom to get back to you. During your initial communication please include the following information

***The High Life Lodge Committee loves our storm-chasers as well as those who love to spontaneously journey to Vermont. Please keep in mind that as you try to communicate with the house-mom, they may already be at the Lodge (especially if you are calling from Thursday-Monday). Please be sure to try calling the Lodge (802-773-9742) if you have difficulty communicating with the house-mom for your spontaneous plans.



LODGE GUIDELINES CONT.

Your full name

2. Number in your group and composition (ie a couple, kids (ages), family, member or guest, etc) and their full names.
3. Date and day of arrival, the number of nights, and the date/day of departure
4. Your intended Payment method (Zelle, mailing a check, payment upon arrival, gift-card, voucher, etc)

-Below are some examples of the type of information that would best-help your communication with your House-mom. These are not intended to be all inclusive.... they're just samples.

Example 1

Hello my name is "John Smith". I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. I will be alone. If I can get bed XYZ, that would be great but will take what is available. I can give you a check upon arrival or mail to you. Thank you

Example 2

Hello my name is "John Smith" My wife "Jane Smith" and I would like to arrive at the lodge on Friday, Dec 1st and stay for 2 nights, leaving the morning of the 3rd. Jane is also a member and we would like a couple's room if available. I can Zelle the payment and so as you can confirm. Thank you.

Example 3

Hello my name is "John Smith". I would like to make a reservation for myself, my son "Adrian Smith", my brother-in-law "Steve Harris" and his son "George Harris". Steve and George are not members. We would like to arrive at the lodge on Friday, December 1st, stay for 2 nights, and depart on the morning of the 3rd. If possible, I would like all of us in one room. I can mail you a check or give you a check upon arrival. Thank You.

Once you have your assigned bed, you are not allowed to change your sleeping location without approval from your House-mom. This includes taking a perceived empty bed in another room or in the attic.

There've been a few occasions when we have had members arrive late at night only to find someone in the bed/room they have been assigned. Mayhem and chaos ensue.

As House Moms we do our best to facilitate your reservation and make your Lodge experience as enjoyable as possible. We take into consideration each scheduled member coming-and-going, changes of plans (extending/shortening their stay), groups that would like to bunk in the same room, short notice requests and overlapping stays that cover two or even three different House Moms. Eighteen hundred bed nights is awesome...but can be a bit to juggle...so please, talk to the House Mom before moving from assigned bed/room. We promise to do our best to help.

We thank you for your cooperation and look forward to a wonderful Fall.

The Lodge Committee.



HIGH LIFE SKI CLUB APPAREL

Attention all High Life members - New and Old:

Support the club, show pride in your membership, and advertise the club to new prospective members. Just place an order for High Life Ski Club apparel. I've been trying for over a year to get 9 orders so that we can reach the minimum. Let's show some pride in our club by ordering some quality apparel.

We need 5 more orders to reach the minimum. It will take about two weeks to produce once we reach the minimum order. Let's go High Lifers!

Below is a list of what we will now offer with the High Life logo embroidered on each item:

High Life Apparel Pricing

<u>Item</u>	<u>Price</u>
Fleece Jacket (Full Zip)	\$37
Fleece Vest	\$32
Denim Shirt - long sleeve	\$32
Denim Shirt-short sleeve	\$30
Short Sleeve Tee	\$15
Long Sleeve Tee	\$18
Crewneck Sweatshirt	\$25
Hoodie Sweatshirt	\$30
Moisture Wicking Golf Shirt	\$25
Baseball hat	\$15
Knit Hat	\$15
Embroider your own item	\$10

Most colors are available with each item. Just let Sal know that color you want, and he will do his best to accommodate you. Merchandise can be picked up at the regular Tuesday night meeting or it can be mailed to you for a small fee. Payment can be made by check, cash, or credit card.

In order to place an order, I need at least 9 items ordered in total. With well over 300 members and 68 new members, we shouldn't have a problem getting 9 orders. To place an order, email me at sal@thestratisgroup.net and tell me what item you want, the size, the color and how you'll pay for it as well as how you'd like to receive the order.

Submitted by

JANUARY EVENTS



HEALTHY AND HAPPY NEW YEAR 2026



January 6

Morris county Ski Club has invited Highlife to join them for Weekday Skiing at Elk Mountain
344 Elk Mountain Rd, Union Dale, PA 18470

Tuesday, January 6th , 2026

Ready to get in some turns before your big trip? The weather looks like it will be cooperating next week. Join the Morris County Ski Club for a weekday ski trip at Elk Mountain! (A shorter drive than the Catskills!)

Rates

Midweek adults (18 - 64) \$71 for 4 hours starting anytime or \$81 for 8 hours, starting anytime. Can be purchased at the ticket window.

Senior Tuesdays (65+) \$50 MUST be purchased at the ticket window with proof of age.

Tuesdays' Hours of operation: 8:30am to 4:30pm

Arrange your own carpools

Meeting Time/Place- The group will meet between 9:00 and 9:30am in the main cafeteria. Participants may choose to arrive earlier or later.

Regards

Cliff Gawel

cliffgawel@gmail.com

201.394.0623

Weekend

January
17

January 24

Family
Weekend

January 30
- February
7

Zermatt Switzerland

Contact Nina Tudorowsky tudorowskynina@gmail.com or
973.900.4412 or

Charlie Kirk cfkirk@hotmail.com or 973.650.7925 to sign up.

LOOKING AHEAD

February 7

Superbowl



February 12-28.

Whitefish Montana

Contact Nina Tudorowsky tudorowskynina@gmail.com or
973.900.4412. or

Charlie Kirk [cfkirk @hotmail.com](mailto:cfkirk@hotmail.com) or 973.650.7925. to sign up.

February 14

Family Weekend

February 21

Family Weekend

Racer Ready?

Wednesdays January 7th - March 18th. 10:00 AM - 1:00 PM

Killington Ski Bum racing on Highline,

Registration includes all Happy Hours and Buffets, locations to be announced.

Thursdays January 15th - March 12th. 1:00PM-4:00PM

Pico Ski Bum racing,

Registration includes all Happy Hours and Buffets, locations to be announced.

Dates are based on the opening of the Resorts

Nastar at Bear Creek, Tuesday, Wednesday 6:30

Montage Adult Race League, Thursday evenings

Mt. Southington Race League, Monday, Tuesday evenings

Ski Sundown Nastar, Thursday evenings

Submitted by

David Young

MID-ATLANTIC MASTERS SCHEDULE 2026

Check website - dates or venues may change

For much more info about the Masters program see their Website. mamasters.org

JANUARY 2026

Race Camp Hunter Mt.

1/5-6 SL - SL

1/7-8 GS - GS

1/9 Belleayre, NY GS

1/10 Belleayre, NY SL

1/17 Willard Mt, NY AM - Training PM - SL Race

1/18 Willard Mt, NY AM - GS Race PM - GS Race

EASTERN REGIONAL CHAMPIONSHIP

1/30 Stratton, VT AM - Super G PM - Super G

1/31 Stratton, VT GS Race

2/1 Stratton, VT SL Race

FEBRUARY 2026

2/7 Catamount, NY GS Race

2/13 West Mt. NY Super G

2/14 West Mt. NY GS Race

2/15 West Mt. NY SL Race

2/21 Mt. Creek, NJ AM - GS Race PM - GS Race (local)

2/22 Montage, PA

Mid Atlantic Masters Finals

2/27 Gore Mt. NY AM - GS PM - GS

2/28 Gore Mt. NY GS

3/1 Gore Mt. NY SL

MASTERS NATIONAL CHAMPIONSHIPS **MAMMOTH MT. CA 3/23 - 3/28**

3/23 Downhill Training

3/24 Downhill Race

3/25 Super G

3/26 GS A-B

3/27 GS C-D

3/28 SL

Any questions about racing - Linda Burns text 973-632-0060.

by Linda Burns

Submitted

BASIC SKI AREA INFORMATION
ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE

NEW JERSEY

MT. CREEK 973-827-2000

AGE 7 - 79

Full day ticket open to close Mon - Fri \$100+ Weekend \$120+

Twilight 3pm - close \$80

Triple Play No Blackout Dates \$140

Parking from free to \$20 - \$50 depending where you park

SENIOR 80+ Free

PENNSYLVANIA

SHAWNEE MT. 570-421-7231

These are window prices. You may get a cheaper rate on line

ADULT age 19 - 64 SENIOR age 65 - 69 YOUTH 18 & under

One Day ticket Mon - Fri ADULT \$70 SENIOR \$53 YOUTH \$52

One Day ticket Weekend ADULT \$90 SENIOR \$75 YOUTH \$70

Twilight 3pm - close ADULT \$55 SENIOR \$50 YOUTH \$50

SUPER SENIOR 70+ FREE at all times

Military Discount

CAMELBACK IKON PASS 855-515-1283

They lowered prices and deleted paid parking

MON - FRI 9am - 9pm WEEKEND 8:30am - 9pm

AGE 6 - 69

Open to close - from \$55

4 Hour ticket - Start at any time during day from \$44

Twilight 3pm - close - from \$36

SENIOR 70+ \$10

Triple Tickets Get 3 full days of skiing / riding **ONLINE**

Military Discount

Snow Tubing \$29 - 2HR

BLUE MOUNTAIN IKON PASS 610-826-7700

FLEX PRICING PURCHASE ON LINE

8 Hour Start anytime 4 Hour AM (start before 12 noon)

4 Hour (start between noon and 3pm) Evening (after 4pm)

Prices vary from \$41 to \$90

Best bet go online. Prices vary from day to day and some days sell out

Military Discount

Snow Tubing

BASIC SKI AREA INFORMATION. CONT.
ALWAYS CHECK PRICES ON LINE THEY MAY CHANGE

BIG BOULDER - JACK FROST EPIC PASS 570-443-8425

Can buy tickets on the EPIC PASS app

FLEX PRICING ON LINE \$80 - \$110

ADULT 13 - 64

SENIOR 65+

Military Discount

Snow Tubing

MONTAGE MOUNTAIN - SCRANTON 570-969-7669

SKI FOR ALL Mon-Thurs \$45 Non holiday Mondays

WEEKEND/HOLIDAY 4HR FLEX from \$75

6 HR FLEX from \$84

8 HR FLEX from \$93

SENIOR \$15 AT ALL TIMES

ELK MOUNTAIN 570-679-4400

RFID CARD \$5

Prices same online or at window. Does not limit sales

Beginner prices for any age

Mid week is Mon - Wed

Adult age 18 - 64 Mid Week \$81 Weekend \$98

Senior age 65 - 74 Mid Week \$71 Weekend \$85

Super Senior age 75+ Mid Week \$61 Weekend \$73

Military Discount

SENIOR Tuesdays 65+ \$50 Collage Wednesdays \$50

8 HR & 4 HR tickets Prices higher on weekends

Check website for more info & prices

NEW YORK STATE

BELLEAYRE MT 845-254-5600 CASHLESS AREA

RFID CARD \$5 Purchase on line - no window walk-up

Weekend and Holiday must be purchased on line

Tickets are DATE SPECIFIC PRICES VARY

ADULT 20 - 64 \$119

SENIOR 65 - 69 \$94

SENIOR 70+ \$55 At all times - can be bought at window anytime

Military Discount

HUNTER MOUNTAIN EPIC PASS 518-263-4223

FLEX PRICING BUY ONLINE Limited Availability on popular days

Age 18 - 64 Mid Week \$109+ Weekend \$150 - \$180

SENIOR 65+ Mid Week \$96+ Weekend \$130 - \$158

Military Discount

[President's Message Cont](#)

Meetings and Other Events

The Executive Board met December 9. At that night's membership meeting we had 17 attending.

Below are the upcoming meeting dates. The next Zoom meeting for all members will be January 6. Check the Club website and your email for the latest schedule.

High Life Ski Club Meetings Schedule

● Tuesday January 6 Zoom

7:00 pm Membership Meeting

● Tuesday January 13 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday January 27 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

● Tuesday February 10 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday February 24 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

● Tuesday March 10 at Exchange Restaurant

6:30 pm Executive Board Meeting

7:30 pm Membership Meeting

● Tuesday March 24 at Exchange Restaurant

6:30 pm Lodge Trustees

7:30 pm Membership Meeting

HLSC Lodge 2025-26 Winter Season

WEEKEND Saturday	Dates	Event	START SIGN UPS Tuesday	Trustee	NOTES
1-Nov	10/29-11/4		21-Oct	Mike Burbridge	
8-Nov	11/5-11/11	Work Weekend	28-Oct	Chris Cooney	
15-Nov	11/12-11/18		4-Nov	Steve Anderson	
22-Nov	11/19-11/25		11-Nov	Jim Ferrone	
29-Nov	11/26-12/2	Thanksgiving	18-Nov	Ken Chodkiewicz	
6-Dec	12/3-12/9		25-Nov	Chris Moser	
13-Dec	12/10-12/16		2-Dec	Jim Ferrone	
20-Dec	12/17-12/23		9-Dec	Jack McDevitt	
27-Dec	12/24-12/30		16-Dec	Donna Long	Christmas
3-Jan	12/31-01/06	New Year's	23-Dec	Chris Moser	New Years
10-Jan	01/07-01/13		30-Dec	Mike Burbridge	
17-Jan	01/14-01/20	MLK Weekend	6-Jan	Jack McDevitt	Family Weekend
24-Jan	01/21-01/27		13-Jan	Kerry Klotz	Family Weekend
31-Jan	01/28-02/03		20-Jan	Chris Cooney	
7-Feb	02/04-02/10	Superbowl	27-Jan	Nancy Mathiesen	
14-Feb	02/11-02/17	President's Weekend	3-Feb	Steve Anderson	Family Weekend
21-Feb	02/18-02/24		10-Feb	Ken Chodkiewicz	Family Weekend
28-Feb	02/25-03/03		17-Feb	Steve Anderson	
7-Mar	03/04-03/10		24-Feb	Chris Moser	
14-Mar	03/11-03/17	St. Patrick's Dinner	3-Mar	Chris Cooney	
21-Mar	03/18-03/24		10-Mar	Nancy Mathiesen	Family Weekend
28-Mar	03/25-03/31		17-Mar	Donna Long	MCSC Weekend
4-Apr	04/01-04/07	Mogul Challenge	24-Mar	Jack McDevitt	Easter
11-Apr	04/08-04/14		31-Mar	Mike Burbridge	
18-Apr	04/15-04/21		7-Apr	Kerry Klotz	
25-Apr	04/22-04/28		14-Apr	Jim Ferrone	
2-May	04/29-05/05		21-Apr	Steve Anderson	
9-May	05/06-05/12		28-Apr	Chris Cooney	
16-May	05/13-05/19		5-May	Donna Long	
23-May	05/20-05/26		12-May	Jim Ferrone	Memorial Day
30-May	05/27-06/04		19-May	Nancy Mathiesen	
DONNA LONG (201) 317-7830 danni100@yahoo.com				KEN CHODKIEWICZ (973) 919-1962 kchod27@gmail.com	
KERRY KLOTZ (973) 420-5444 kerryklotz@ymail.com				NANCY MATHIESEN (201) 400-2597 nhackelberg@yahoo.com	
JIM FERRONE (973) 650-7060 jimbikeski@aol.com				MIKE BURBRIDGE (973) 610-3692 tyrus8@aol.com	
JACK MCDEVITT (845) 988-6081 jack.mcdevitt@gmail.com				STEVE ANDERSON (201) 739-4380 hillfesc@outlook.com	
CHRIS COONEY (201) 400-4021 chriscooney5150@gmail.com				CHRIS MOSER (856) 905-7960 jeager1234@yahoo.com	
HL Lodge		802-773-9742			